

(51)

$$\cos 3x + \cos x = 2 \cos 2x \cos x$$

$$\cos(2x+x) + \cos(2x-x) =$$

$$\underbrace{\cos 2x \cos x}_{-\sin 2x \sin x} + \underbrace{\cos 2x \cos x}_{\sin 2x \sin x} =$$

$$2 \cos 2x \cos x \checkmark$$

(50)

$$\sin 3u = 3 \cos^2 u \sin u - \sin^3 u$$

$$\overbrace{\sin(2u+u)} =$$

$$\underbrace{\sin u \cos u}_{\sin(u+u)} + \underbrace{\cos 2u \sin u}_{\cos(u+u)} =$$

$$\underbrace{\sin(u+u)\cos u}_{(\sin u \cos u + \cos u \sin u) \cos u} + \underbrace{\cos(u+u)\sin u}_{(\cos u \cos u - \sin u \sin u) \sin u} =$$

$$\underbrace{\sin u \cos^2 u}_{\sin u \cos^2 u} + \underbrace{\sin u \cos^2 u}_{\sin u \cos^2 u} + \underbrace{\sin u \cos^2 u}_{\sin u \cos^2 u} - \sin^3 u =$$

$$3 \sin u \cos^2 u - \sin^3 u \checkmark$$